



City of Kenmore, Washington

**BE PREPARED!**



*Plan the actions everyone in your family would take during and after a disaster. Assemble a disaster kit to keep next to your door, in your car, and at work.*

## **RECOMMENDED SUPPLIES TO INCLUDE IN A DISASTER KIT**

**Store the following in an easy to carry bag or backpack:**

- ✓ **Water** one gallon per person per day, for drinking and sanitation
- ✓ **Food** at least a three-day supply of non-perishable food and **manual can opener**
- ✓ **Change of clothing, rain gear, and sturdy shoes**
- ✓ **Battery-powered radio, flashlight** and **extra batteries**
- ✓ **First aid kit** and **whistle** to signal for help
- ✓ **Dust mask** to help filter contaminated air, **wrench or pliers** to turn off utilities, and **plastic sheeting** and **duct tape** to shelter-in-place
- ✓ **Blankets** or **sleeping bag**
- ✓ **Moist towelettes, garbage bags** and **plastic ties** for personal sanitation
- ✓ **Unique family needs**, such as instant formula or diapers, daily prescription medications, pet food, and important family documents
- ✓ **Important Items**, such as extra keys, insurance policy information, account numbers, phone numbers, personal ID, and cash in small bills

*Remember to rotate and update your supplies every 6 months  
For more information visit [www.ready.gov](http://www.ready.gov)*